

Outline for Case Presentations

Participants need to present **once** during the 4 Core Skills workshops. The presentation can be in video or audio form. Audio recordings must be accompanied by a transcript of 15 minutes of the session. Each presentation will be one hour long. During this hour the therapist will present the case (outline to follow), will play approximately 10-15 minutes of the session and allow 20 minutes for discussion and questions. It is not required that the case be specific to the Steps being discussed but should be an EFT-oriented session.

For the case presentation the following can be very briefly covered. Focus especially on numbers 5 and 6:

1. Who is the couple: - ages, work, marital status, children, previous marriages
2. What is the presenting problem? Previous therapy experience
3. Relationship history- when they met-early history-previous attachment injuries
4. Attachment history- family of origin, sense of secure attachment, previous trauma or significant life events
5. **Where is this session in the EFT process? Number of sessions to date? What Stage and Steps are the couple working in? How do they define the cycle? What change events have occurred?**
6. **What are your questions for this session? For example, where are the stuck places? What needs to happen next? What interventions do you find difficult? What feedback are you seeking?**