

EXTERNSHIP in EMOTIONALLY FOCUSED THERAPY

Looking to expand your effectiveness in working with couples?

Learn one of the best validated and most effective approaches to changing distressed couple relationships into loving secure bonds. Thirty years of scientific research validates the success rate of this model and shows that its relapse rate is very low compared to other couple therapies. Discover how the new science of love and relationships is ushering in a new era for couple and family therapy

September 29 - October 2, 2015
Tuesday - Friday 9:00 to 5:00

Location:
Winnipeg, MB

Offered by:



WINNIPEG
EMOTIONALLY FOCUSED
THERAPY, TRAINING AND
CONSULTING

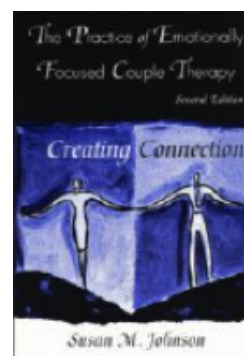
EMOTIONALLY FOCUSED THERAPY is a short-term, structured and tested approach to reduce stress in adult love relationships and create more secure attachment bonds. It is also used with families. Formulated in the 1980's it is growing in popularity across North America and internationally. Research shows that 70-75% of couples move from distress to recovery and approximately 90% show significant improvements.

An Externship includes presentations of theory and clinical techniques and skills, training exercises, video recordings of EFT with couples, observation of live interviews and discussion of specific cases, and clinical issues.

Participants learn:

- To see marital distress from an attachment perspective
- To help partners reprocess the emotional responses that maintain marital distress
- To shape key new interaction and bonding events, and
- To overcome therapeutic impasses.

This 28-hour/four-day course covers the fundamentals of EFT and is the first step toward becoming certified as an EFT therapist. An extensive manual will be provided. Participants are strongly encouraged to read *The Practice of Emotionally Focused Couple Therapy: Creating connections* (2004), by Dr. S. Johnson before coming to the externship.



The leader: Lorrie Brubacher, M Ed, LMFT (NC), RMFT (Canada), is certified with the International Centre for Excellence in EFT as a therapist, supervisor and trainer. She is the Founder and Director of the Greensboro Charlotte Center for EFT. She taught university counselling courses and worked in private practice in couple and family therapy since 1989. She has published in the Journal of Marriage and Family Therapy.



“Lorrie has an excellent grasp of the theory and practice of EFT. She presents with clarity, warmth, and humor. I heartily recommend her training to any therapist wanting to learn the EFT model, both at the externship level and for advanced training or supervision.” Yolanda von Hockauf, M.Ed., R.M.F.T., Certified EFT Trainer and Supervisor

Participants from previous EFT training events have said:

“Lorrie is an expert in this model and presents difficult concepts clearly and coherently. I would recommend this seminar to anyone.”

“Watching Lorrie work with my couple was like putting together the pieces of a puzzle I had been working with.”

“Lorrie has a patient, up close, competent style; a very effective teacher – calm, clear, and an amazingly present clinician.”

This externship is offered in conjunction with Dr. Susan Johnson and the International Centre for Excellence in Emotionally Focused Therapy, Ottawa, Canada (ICEFFT). The training fulfills the initial externship requirement for certification in Emotionally Focused Therapy (EFT). See www.iceeft.com

Follow-up courses and supervision are available

Registration:

Online at: www.lbrubacher.com or pay by cheque. Before July 29, 2015 send registration information with \$200 deposit and a postdated cheque with remaining amount, postdated **July 29, 2015**. After July 29 send one cheque for the full amount.

**Make checks payable to L. Brubacher
Mail to 611-77 Edmonton St., Winnipeg,
MB R3C 4H8**

Counsellors: \$850 (\$800 early bird)
Students: \$550 (early bird: \$500)

**Early bird deadline
July 29, 2015**

**For More Information
visit www.lbrubacher.com or
www.iceeft.com
or contact Nora Klassen at
nhainesklassen@hotmail.com**

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Make registration payment online at www.lbrubacher.com/training.htm or

Send this Registration Form with cheque payment.

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Mail to 611-77 Edmonton St., Winnipeg, MB R3C 4H8

Name

Address

Email Address

Telephone

Professional Designation or Educational Institution for Current Students

Cancellations received in writing 14 days prior to event: full refund minus \$50.00.

Cancellation within 14 days of event: 50% refund. In the event a course is cancelled due to low registration, a refund will be issued in the full amount paid.